



Target-Focus Training

"For me, a veteran of the martial arts and a medical professional **Target-Focus Training** was just as spectacular. I heard explanations that would befit a **trauma specialist** and learned **principles** that most martial arts masters save for their advanced black belts. Without cloaking techniques in mysticism, without diluting the realities of combat in a sporting format and without sacrificing safety for realism, Larkin and his men delivered an uncompromising course on the **intelligent and responsible use of violence.**"

Mark Cheng, L.Ac.
Columnist & Contributing Editor, Black Belt Magazine
Director/Sifu: Chung Hua Institute, Los Angeles, CA

The Truth About Criminal Violence:

"How To Survive The Most Critical 5 Seconds Of Your Life"

**If you'll give me just 10 minutes, I'll show you
how to eliminate the fear of
not knowing what to do in a violent assault...**

Dear Friend,

Imagine this... You've just finished pulling a double shift.

You're beat... and not really noticing much of anything as you drag yourself to your car.

Half way there you feel the sharp pain of a gun barrel jabbed into your ribs..

"Gimme your wallet!"

You freeze... paralyzed with fear.

**What Happens In The NEXT 5 SECONDS
Determines Whether This Thug Takes Your Wallet,
Your Car, Or Perhaps... Even Your Life!**

Hi. My name is Tim Larkin.