



Target-Focus Training

"For me, a veteran of the martial arts and a medical professional **Target-Focus Training** was just as spectacular. I heard explanations that would befit a **trauma specialist** and learned **principles** that most martial arts masters save for their advanced black belts. Without cloaking techniques in mysticism, without diluting the realities of combat in a sporting format and without sacrificing safety for realism, Larkin and his men delivered an uncompromising course on the **intelligent and responsible use of violence.**"

**Mark Cheng, L.Ac.**  
**Columnist & Contributing Editor, Black Belt Magazine**  
**Director/Sifu: Chung Hua Institute, Los Angeles, CA**

## The Truth About Criminal Violence:

# "How To Survive The Most Critical 5 Seconds Of Your Life"

*Imagine this...* You've just finished pulling a double shift. You're beat and not really noticing much of anything as you drag yourself to your car. Half way there you feel the sharp pain of a gun barrel jabbed into your ribs..

"Gimme your wallet!"

You freeze... paralyzed with fear.

**What You Do In The NEXT 5 SECONDS Determines Whether You Take This Thug Out Or He Takes Your Wallet, Your Car, And Perhaps... Even Your Life!**

**If you'll give me just 10 minutes now, I'll show you how to eliminate forever the fear of not knowing what to do in a violent assault...**

Hi.

My name is Tim Larkin.

If you don't know me and my self-protection system called **Target-Focus™ Training** then take a look at a few of the raving customer comments on the right side of your screen.

