



Target-Focus Training

"For me, a veteran of the martial arts and a medical professional **Target-Focus Training** was just as spectacular. I heard explanations that would befit a **trauma specialist** and learned **principles** that most martial arts masters save for their advanced black belts. Without cloaking techniques in mysticism, without diluting the realities of combat in a sporting format and without sacrificing safety for realism, Larkin and his men delivered an uncompromising course on the **intelligent and responsible use of violence.**"

Mark Cheng, L.Ac.
Columnist & Contributing Editor, Black Belt Magazine
Director/Sifu: Chung Hua Institute, Los Angeles, CA

\$1,202 in FREE fitness and self-defense tools...

The only live real-world self-defense training on the planet with the cajones to **GUARANTEE you come away after 2½ days with the tools** (locked firmly into place) **necessary to destroy some scumbag thug targeting you as his next fix...** even if you were the klutz of your PE class!

"Kick-Ass Fighting Secrets Of A Close-Combat Master"

An easily-affordable home-study Program distilled from the best of 3 separate \$1,497.00 live training seminars that puts YOU in charge of any life-threatening confrontation regardless of your size, speed, skill or athleticism. Jamb-packed with extras including the defining work from one of the biggest names in the fitness world today that's guaranteed to pack on muscle and shred fat. Plus, first-time-ever... get FREE personal video critiques and answers to all your questions. If you'll give me just 10 minutes, I'll show you how to eliminate the fear of not knowing what to do in a violent assault...

Hi.

My name is Tim Larkin.