

After 30 Years of Kenpo-Karate, Aikido & Kung Fu... “I QUIT!”

How one Aussie discovered the secret of dealing with asocial criminal violence, why it changed his life... and how it can do the same for you.

by Mike Allen

For 30 years I trained in martial arts hoping to overcome a fear of violence I'd had since I was 12. But it wasn't until I flew 10,992 miles to America to celebrate an old friend leaving the Special Forces, that I found the answer I'd been searching for.



Shotokan & Kenpo-Karate, Aikido (I was a 4th degree blackbelt), Tai Chi, Kung Fu... I did them all. Yet after 30 years one thing was obvious... I couldn't bet my life on any of that training!

It took 30 years to realize...

No One Understood REAL Violence!

Oh, my Special Forces buddy understood it "intuitively". He knew how to kill. But he couldn't explain it. You know, the way you'd expect a pro to help you understand it.

Yet while visiting him in America, I was lucky to catch an opening in a small live class in Atlanta led by Tim Larkin, creator of a personal protection system called Target-Focus Training. And my life changed forever.

I'd read Larkin's newsletter on violence but in the first 30 minutes of class he hit us full-force with a new context for viewing asocial criminal violence vs mere anti-social behavior. A 1000-watt light flashes on. 'Til then I'd never even understood there WAS a difference!

Talk about a smack upside the head. I was forced to accept the fact I'd spent 30 years chasing the wrong stuff. You can't deny the truth when it slaps you in the face.

In 2 days I walked out knowing unquestionably I had the skills to survive the scariest asocial violence anyone could throw at me.

There was no unverified faith required. Everything you're taught is backed by scientific measurable results.

And being fit or a Bruce Lee type didn't matter (geez, one guy in my class had open-heart surgery 6 weeks before the class!).

Back in Sydney I showed TFT to my training partners, Kristian Miller, Karlsen & Mike Valentine, and

today we train nothing else.

Why explain this to you?

Because I'm wondering if you are beginning to understand that \$1000's of dollars and years of training still probably leaves you asking, "...but can I really bet my life on what I've been doing?"

If so **then listen up:** now you can experience what I did without flying 11,000 miles to America because...

Target-Focus Training Announces...

A New Distance Learning Program!

Until now, if you wanted more than just DVDs, you had to attend a live training session (most likely in the US). And to continue interacting with TFT Instructors and other attendees meant joining the TFT Mastery program.

That's all changed with the release of the much-anticipated **TFT Distance Learning program**, some of the benefits of which include:

- Live downloads of weekly video lesson plans and online access to a complete, never-before-released 3-day live training seminar, plus
- Direct access to Instructors & participants through an interactive Forum (including access to several years worth of **insider-only** posts previously available only to the 100+ member TFT Mastery group.

You can learn more about this exciting new program by going to:
www.targetfocustraining.com/blitz

To get Larkin's self-defense & life-protection newsletter, **Secrets For Staying Alive When 'Rules' Don't Apply,** go to: www.self-defense-newsletter.com