

Now, the first book ever written for the everyday laymen that makes the case for using violence as your ultimate survival tool...

"How To Survive The Most Critical 5 Seconds Of Your Life!"

By Tim Larkin & Chris Ranck-Buhr, 3rd printing

- Discover unique principles & powerful methods for effective self protection in an increasingly hostile 21st century,
- See why it's not about years of martial arts or sports training (you can learn this in just days, even hours),
- Learn to protect yourself or loved ones regardless of your size, strength or stamina... even if he's bigger, faster or stronger than you.

Criminal violence! It's the hidden fear that secretly terrifies even the most highly trained. And the one subject NO ONE dared write about... until now.

Finally, this new volume pulls back the curtain and shows how **anyone** can effectively



Author, Tim Larkin, demonstrating part of 5 critical seconds that could save your life.

handle raw street violence. Not the ego-based, anti-social crap that often ends in brawls where egos get bruised but everyone lives to 'fight' another day.

Instead this is a complete education... and the first of its kind ever published... that clearly and unemotionally makes **the case for using violence as your ultimate survival tool.**

It's the only book that tackles head-on the one issue most people are afraid to discuss even in hushed-up, behind-closed-door sessions.

Controversial (3 bookstores have banned it, refusing to touch the topic) yet so compelling it's being called "the first truly behind-the-scenes look at real criminal violence and WHAT you must do to survive it."

It's Not About Techniques

This isn't a book about techniques. In fact, there are none included.

Because focusing on "how" you're going to stop some thug is often the critical reason most people don't survive hostile street violence!

This book flips everything around, starting

instead with the desired end "result" and working backwards.

It looks at why a criminal is so successful... without any training at all! And what you must do to counter it.

After reading this **you'll NEVER look at violence the same again.**

And even without practicing any type of self defense, martial art or sport fighting, after finishing this book you'll know more about protecting yourself than 99% of people on earth.

How To Survive The Most Critical 5 Seconds Of Your Life contains 212 riveting pages most people are compelled to read in just one sitting! And now you can read it... cover to cover... AT OUR RISK.

Your total investment is just \$29 plus \$5 S&H US (Int'l orders, add \$4). Order now online at www.targetfocustraining.com/sofbook or find it on **Amazon** (search for Tim Larkin).

Or call **1-888-234-2192** and tell whoever answers you want product **BK-2**. You can also fill in the coupon below and send it along with your check or money order.

You're completely protected by our unconditional **1-year money-back guarantee.**

Candid Comments from Readers of this new Book!

"Compulsory reading for every adult male on this planet. It is the most eye opening book I have ever read on the subject of self preservation. It's so simple and clear you are left with no illusions about real violence and what is required to survive."

Lawrence Jooste, Gauteng, South Africa

"Well-written and compelling, will quickly strip away your ingrained, false perceptions about hand-to-hand combat and give you confidence and understanding that you could actually defend yourself against any attacker, regardless of differentials in size, aggressiveness, or skill level."

Scott Nelson, Houston, TX

"I couldn't put it down. Read it in one sitting. Its a brilliant study on the use of violence as a tool and it's use in social, asocial, & antisocial settings. If you're considering the purchase of any self defense tool or training I highly recommend you read this book before doing so. You won't hear this caliber of truth ANYWHERE else."

K. T. Martin, Sacramento, CA

"Having survived a tour in Nam as a combat medic I only wish this book was written 40 years ago!"

Dennis Aurilia, Parkland, FL

"I have been around combat in the Marine Corps, and with cops for most of my life. This is the first serious change in how we must look at SURVIVAL combat. It is not so much technique as it is a mental frame of mind. It has been most refreshing to read."

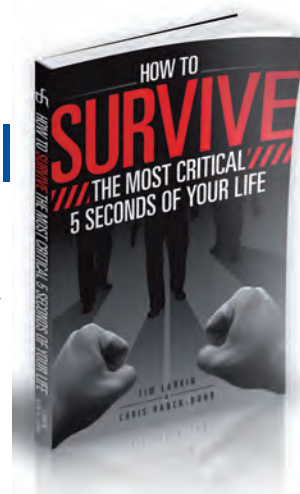
P. Neskow, Barrington, IL

"It was really a game changer for me. There have been several times in my life when I felt I truly became enlightened about something and it forever changed my outlook - this book is one of them. I trained in college for Tae Kwon Do and became very effective at hitting targets. Now, I realize how naive my self confidence has been. I've been lucky! I started your book late the night I received it and could barely put it down to go to sleep."

Ed Hopwood, Warren NJ

"I always thought I had a good combat mindset, use of color codes in my everyday life, and an understanding of what I would do if confronted with a life and death situation. I had half a picture! This is a whole different world! The simplest and best explanation I have ever heard of why when violence is the answer it truly is the only answer."

Todd W. Carr, Marion, NY



Yes, please send me *How To Survive The Most Critical 5 Seconds Of Your Life* for just \$29+\$5 S&H (Int'l add \$4). Sent priority mail.

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